1. Choose which template you would like to make and cut it out!

2. Trace onto your cardboard – old cereal packets are idea, but you will need two layers glued together

3. Once you have your basic shape decorate it whatever way you want – doodle on it, paint on it, stick more colourful paper on it… your imagination is the limit

4. Take 2 or 3 1 penny coins (or coins of similar denomination from your country). You will need 2 for simple fidget spinner and 3 for all other shapes. If you wish, you can replace these coins with buttons (the heavier the better) or small bolts.

5. Glue your coins into place and let dry.

6. Use your template to help locate the centre of your fidget spinner and make a hole with a pin. Using smaller scissors, make the hole bigger – until your toothpick fits in comfortably and loosely. Test the spin. If it keeps getting stuck, make the hole a little bigger
7. Now cut out 2-4 cardboard discs (if using cereal box cardboard you will need 4 in total, glue two together).

8. Again take your pin and make a small hole. Use your toothpick to widen that hole, so the toothpick fits in tightly.

9. Glue the first disc to the end of your toothpick.

(a hot glue gun dries quickly and is great if making this in groups)

10. Insert the toothpick into your fidget spinner. Take your second disc and slide down the other side of the toothpick and glue in place.

11. Snip off any protruding toothpick.